



She Tris Announces Return to the l'On Club, Mt. Pleasant in 2022

All Women Event Series Registration Has Opened!

Charleston, SC (January 4, 2022). She Tris Sprint Triathlon announced this month that registration for three sprint triathlon events has opened and the first event will be back where the series started at the l'On Club in Mt. Pleasant. "We are thrilled to partner once again with the top notch team at The l'On Club," says founder and Champion of Confidence, Angi Klick. "We look forward to welcoming more women to the sport of triathlon in this beautiful venue."

While registration is open, the team at She Tris is well aware of the trepidation surrounding race entry fees during Covid times. "We've committed to our participants that if the event is canceled due to Covid-19, we will refund everyone this year," states Sarah Hays, Champion of Enthusiasm. "We are constantly monitoring USA Triathlon guidelines, local & state rules, and our own personal guidelines for safety and well-being, in order to execute a safe and fun triathlon."

She Tris is once again supported by Title Sponsor, Crews Subaru of Charleston in 2022. With their support, the team is putting on events in l'On (May 21), Hamlin (August 20th), and in Carnes Crossroads, Summerville (September 24). Registration is open at shetris.com for all three events, for women ages 10 and up. The Carnes Crossroads event also includes a youth event for girls ages 6 and up.

Not only are She Tris events welcoming for women, they are also beginner friendly distances. Triathletes will swim around 200 yards, bike 8-9 miles, and run 2-3 miles (exact distances depend on the venue).

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About She Tris Sprint Triathlon

She Tris was founded in 2016 by Angela Klick to provide a high quality triathlon experience for women regardless of whether they were new to the sport or a seasoned

triathlete. She Tris is the only pool swim triathlon and women only triathlon in the Charleston area and currently offers 3 regional events for women throughout the year. Every year a percentage of our proceeds benefit area organizations like Tri It For Life, local ROTC clubs, and local swim teams. Interested in sponsorship? Contact our Catalyst of Fun Liz Alford at liz@shetris.com.

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